LOW FAT COOKIES N CREAM

Our special Low Fat Cookies 'N Cream yogurt is like no other. We have REAL cookies blended into this delicious yogurt. Taste the creamy center and sweet outer cookies. You'll never go back to plain ol' cookies and milk as an afternoon treat!

Nutrition Facts

Serving Size (89g)
Servings Per Container

Amount Per Serving	
Calories 120	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 2g	**9%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 70mg	**3%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 0g	**0%**
Sugars 17g	
Protein 4g	
Vitamin A 2% •	Vitamin C 4%
Calcium 15% •	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredient Statement: Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Enriched Flour (Wheat iacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid, Sugar, Vegetable Oil (Soybean, Palm and Palm Kernel Oil with TBHQ For Freshness), Cocoa with Alkali, Contains two percent or less of High Fructose Corn Syrup, Degerminated Yellow Corn Flour, Chocolate, Salt, Dextrose, Baking Soda, Whey, Soy Lecithin) Natural and Artificial Vanilla, Flour, N Mono-and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Lactic Acid, Caramel Color, Cultured with the following Live Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, B. Bifidus and L. Casei.

Allergens:
Milk: Yes
Egg: No
Wheat: Yes Gluten
Soy: Yes
Tree Nut: No
Peanut: No

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk and wheat products.

LIVE & ACTIVE CULTURES CERTIFIED REAL DAIRY FROZEN YOGURT

FREEZE FRAME YOGURT SHOPPE

*Products are only certified when bearing the OUD Symbol