

# LOW FAT ESPRESSO



Need a boost but don't feel like drinking another cup of joe? Down a few spoonfuls of our fantastic Low Fat Espresso yogurt! This tasty treat packs a punch of flavor that's sure to jolt your taste buds!

Ingredient Statement: Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Coffee, Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Dextrose, Caramel Color, Lactic Acid, Cultured with the following Live Active Cultures: S. Thermophilus L. Bulgaricus, L. Acidophilus, B. Bifidus and L. Casei.

- Allergens:
- Milk: Yes
  - Egg: No
  - Wheat: No
  - Soy: No
  - Tree nut: No
  - Peanut: No

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

| <b>Nutrition Facts</b>   |                              |
|--|------------------------------|
| Serving Size (89g)   |                              |
| Servings Per Container   |                              |
| Amount Per Serving   |                              |
| <b>Calories 120</b>  | <b>Calories from Fat 25</b>  |
| % Daily Value*   |                              |
| <b>Total Fat 3g</b>  | <b>4%</b>                    |
| Saturated Fat 2g   | <b>10%</b>                   |
| Trans Fat 0g   |                              |
| <b>Cholesterol 5mg</b>   | <b>2%</b>                    |
| <b>Sodium 60mg</b>   | <b>3%</b>                    |
| <b>Total Carbohydrate 19g</b>  | <b>6%</b>                    |
| Dietary Fiber 0g   | <b>0%</b>                    |
| Sugars 16g   |                              |
| <b>Protein 4g</b>  |                              |
| Vitamin A 2%   | • Vitamin C 4%               |
| Calcium 15%  | • Iron 0%                    |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |                              |
|  | Calories: 2,000    2,500     |
| Total Fat  | Less than 65g    80g         |
| Saturated Fat  | Less than 20g    25g         |
| Cholesterol  | Less than 300mg    300mg     |
| Sodium   | Less than 2,400mg    2,400mg |
| Total Carbohydrate   | 300g    375g                 |
| Dietary Fiber  | 25g    30g                   |
| Calories per gram:   |                              |
| Fat 9 • Carbohydrate 4 • Protein 4   |                              |



\* Products are only certified when bearing OUD symbol